

Appendix 2. ECOG index for Performance Status

Eastern Cooperative Oncology Group (Zubrod-ECOG) ^{1,2}	
Description	Grade
Fully active, able to carry on all pre-disease activities without restriction.	0
Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature e.g. light house work, office work.	1
Ambulatory and capable of all self care but unable to carry out any work activities. Up and about more than 50% of waking hours.	2
Capable of only limited self care, confirmed to bed or chair more than 50% of waking hours.	3
Completely disabled. Cannot carry on any self care. Totally confined to bed or chair.	4

¹ Zubrod, C.G., et al. *Appraisal of Methods for the Study of Chemotherapy of Cancer in Man.*

² *Journal of Chronic Diseases*, 11:7-33, 1960.

³ Oken, M.M., et al. *Toxicity and response criteria of the Eastern Cooperative Oncology Group.* *Am J Clin Oncol (CCT)* 5: 649-655, 1982